Instructions to join the meeting remotely:

1. Open a web browser and enter URL: [www.readytalk.com](http://www.readytalk.com) Enter participant access code: 2093166
2. Phone in for the audio portion of the conference: 1-866-740-1260 - then enter the access code: 2093166

MEETING HANDOUTS:
[www.cchap.org/pmmeeting](http://www.cchap.org/pmmeeting)
PRACTICE MANAGER MEETING
Thursday Sept. 29th 2016 Noon – 1:15PM

PRESENDER

Bridget Burnett, PsyD

MEETING HANDOUTS:
www.cchap.org/pmmeeting
CCHAP PM Integrated Behavioral Health

Bridget Burnett, PsyD
And
The CCHAP Team
Overview of Integrated Behavioral Health in a pediatric population
Overview of models of care
Overview of strategies for hiring and reimbursement
Group exercise
What is integrated behavioral health?

* Integrated behavioral health vs. co-located care
* Definition overview
Integrated Behavioral Health Activities

- participate in well child checks alongside provider for prevention and anticipatory guidance. Might be in conjunction with Healthy Steps curriculum if the site is a HS site
- be available for real time family consultations to provide education regarding development, parenting, etc. as requested by med providers to patients seen for well or sick visits
- be available to provide consultations to med providers in real time related to development, psychosocial or mental/behavioral health issues that arose during their med visit
- educating med staff around screening, interventions and referral processes
- overseeing screening process and tracking of screening and referrals
- Documentation and charting of all encounters
- Provider and staff training on Beh health and development
Integration Activity examples continued

* brief psychosocial assessment and triage for children with positive social emotional, depression, autism, substance use, PRD screening
* suicide assessment of child or caregiver
* safety planning around risk behaviors (cutting, bullying, etc.)
* caregiver request for Beh health consult related to family or child health and well being
* Brief interventions (1 or more intervention focused Beh health visits during sick or follow up visits)
* Care Coordination activities around development, Beh health, psychosocial issues
A Healthy Steps Specialist (an individual with expertise in child development) partners with a primary care provider to collaboratively provide enhanced well-child care to families enrolled in the program (Buchholz & Talmi, 2012).

- In addition to visits in the primary care clinic, home visits are offered one to two times per year and give the Healthy Steps Specialist a chance to build supportive relationships with families and to strengthen the link between the family and the primary care practice.

- Healthy Steps also offers parenting groups designed to provide anticipatory guidance, support, and developmental information to families.

- The Healthy Steps Program has been shown to impact parenting outcomes (e.g., increasing parent confidence, reduced harsh discipline strategies, and increased satisfaction with well-child care) as well as child outcomes (e.g., increased attendance at well-child checks, more timely immunizations; Minkovitz et al., 2007).
Co-located services overview

* Coordination of referrals for therapy services to the co-located provider from the health care team
  * Individual therapy
  * Family therapy
  * Brief assessments
  * Access to services at the community agency (med management, groups, case management, etc.)
  * Other?
Pros and Cons of each model
Employment and Payment Example Strategies when BHC is an Employee of the Practice

* Incident To billing under the medical provider
  * BHC is an employee of the practice
  * BHC sees family/child in the context of their medical visit or follow up
  * Cannot bill for additional behavioral health services (i.e. any intervention requiring a dx) under WCC that would result in co-pays

* Credentialing with insurance carriers in the practice, your BHO for Medicaid patients
  * BHC is an employee of the practice
  * Direct billing for behavioral health services
  * Is useful with follow up visits that meet criteria for behavioral health
  * Is a challenge for prevention and true integrated services
Example Strategies BHC employed by the Community Mental Health Center (CMHC)

- The CMHC employees the BHC and typically bills their services through their system
  - Primarily a co-located model as behavioral health services must meet the threshold for enrollment in behavioral health services (i.e. have a mental health diagnosis)
  - Documentation factors
  - Treatment plan factors
  - Systemic factors
  - Important considerations as we move towards a Population Health perspective
Some practices have a combination of types of services they offer and how the services are delivered and how the BHC is employed.

For Example:
- The BHC is .5 employed by practice and .5 employed by the CMHC
- The practice uses incident to billing for integrated care that is associated with a medical diagnosis
- The practice uses direct billing of the BCH to the payer or the CMHC/clinician does their own behavioral health billing (requires a mental health diagnosis)
Factors that Influence choosing a model

- Your patient population
- Your practice behavioral health needs
- Your payers
  - Different payers require different levels of providers for reimbursement and credentialing. An LPC is acceptable for some plans, while a Licensed Psychologist is acceptable for others.
Challenges to Reimbursement

- Health and Behavior Codes for prevention are not universally allowable in Colorado
- Mental Health does not recognize Prevention the same way Healthcare does (i.e. you MUST have a diagnosis for MH services).
- Your contract with your payers determines which codes are reimbursable and at what rate
Projects currently addressing these factors

- SIM-screening and referral
- BHIPP- strategies for birth to 5 behavioral health integration and billing/coding challenges
- Maternal Health policy coalition PRD screening, reimbursement, compliance, risk management
- Integrating Behavioral Health Services into Pediatric Primary Care Settings Dr. Ayelet Talmi
- https://www.youtube.com/watch?v=PDw6uJlYt2c
- http://flash1r.apa.org/apapractice/hbcodes/player.html
Looking forward…

- MACRA
- ACC 2.0
- Next PM meeting
Questions and Conversation