Instructions to join the meeting remotely:

1. Open a web browser and enter URL: www.readytalk.com
   Enter participant access code: 2093166

2. Phone in for the audio portion of the conference:
   1-866-740-1260 - then enter the access code: 2093166

MEETING HANDOUTS:
www.cchap.org/pmmeeting
Expanding Our Concept of Health Literacy

PRESENTER

Patrece Hairston, PsyD
CCHAP Director of Behavioral Health Programs

MEETING HANDOUTS:
www.cchap.org/pmmeeting
Pediatric Behavioral Health Screening

Patrece G. Hairston, PsyD
Why screen?

<table>
<thead>
<tr>
<th></th>
<th>Prevention and early intervention are key!</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.)</td>
<td>Every child deserves to grow up healthy – mind, body, and spirit</td>
</tr>
<tr>
<td>2.)</td>
<td>Behavioral health is a part of health</td>
</tr>
</tbody>
</table>

1.) Prevention and early intervention are key!

2.) Every child deserves to grow up healthy – mind, body, and spirit

3.) Behavioral health is a part of health
## Screening Tools

### Developmental
- Ages and Stages Questionnaire (ASQ)
- Modified Checklist for Autism in Toddlers – Revised (M-CHAT-R)

### Behavioral Health
- Edinburgh Postnatal Depression Scale (EPDS)
- Ages and Stages Questionnaire: Social-Emotional (ASQ-SE)
- Pediatric Symptom Checklist (PSC)
- Patient Health Questionnaire 9 – Modified for Adolescents (PHQ-A)
- CRAFFT
Edinburgh Postnatal Depression Scale (EPDS)

<table>
<thead>
<tr>
<th>Purpose:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Screening for pregnancy-related depression</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Logistics:</th>
<th>Billing:</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Can be administered and scored by staff or providers</td>
<td>- Medicaid will reimburse for one screening per year</td>
</tr>
<tr>
<td>- 10 questions/administration time depends on literacy</td>
<td>- CPT code 99240</td>
</tr>
<tr>
<td>- Cost: Free</td>
<td></td>
</tr>
<tr>
<td>- Has been validated in 18 languages, including English and Spanish</td>
<td></td>
</tr>
<tr>
<td>- Cultural considerations and stigma may impact disclosures</td>
<td></td>
</tr>
</tbody>
</table>
Edinburgh Postnatal Depression Scale (EPDS)

Statewide referral information:

Regional Behavioral Health Organizations
Local Community Mental Health Agencies
Local Early Childhood Councils
Local Birthing Centers/Hospitals
Psychiatric Crisis Lines/Crisis Services
# Ages and Stages Questionnaire (ASQ)

## Developmental

### Purpose:
To identify need for early intervention

### Logistics:
- Can be administered and scored by staff or providers
- Intended for babies and young children (ages 1 month to 5 and a 1/2 years)
- Is a comprehensive screening tool that assesses multiple types of potential developmental delays
- Administration time may vary; 10-15 minutes
- Is associated with an upfront cost for materials
- Available in English, Spanish and French

### Billing:
- Must be billed at Well Child Visits
- 96110 CPT Code
- Medicaid will reimburse for:
  - 3 screenings per year (ages 0-24 months)
  - 2 screenings per year (ages 24 – 56 months)
**Ages and Stages Questionnaire (ASQ:SE)**

**Social Emotional**

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>To identify need for early intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Logistics:</strong></td>
<td></td>
</tr>
<tr>
<td>- Can be administered and scored by staff or providers</td>
<td></td>
</tr>
<tr>
<td>- Intended for babies and young children (ages 3 months to 5 and a 1/2 years)</td>
<td></td>
</tr>
<tr>
<td>- Is focused on identifying risk for behavioral health disorders in babies and young children</td>
<td></td>
</tr>
<tr>
<td>- Administration time may vary; 10-15 minutes</td>
<td></td>
</tr>
<tr>
<td>- Is associated with an upfront cost for materials</td>
<td></td>
</tr>
<tr>
<td>- Available in English and Spanish</td>
<td></td>
</tr>
<tr>
<td><strong>Billing:</strong></td>
<td></td>
</tr>
<tr>
<td>- Currently, Medicaid does not reimburse for this screening</td>
<td></td>
</tr>
</tbody>
</table>
Ages and Stages Questionnaire (ASQ)
Developmental and Social Emotional

Statewide referral information:

For children ages 0 – 3: Referrals to Early Intervention Colorado based on the family’s county of residence.

For children ages 3 – 5: Referrals to Child Find based on the family’s local school district.
Modified Checklist for Autism in Toddlers – Revised (M-CHAT-R)

**Purpose:**
To identify need for early intervention

**Logistics:**
- Can be administered and scored by staff or providers
- Intended for toddlers ages 16 to 30 months
- Is focused on assessing for risk factors related to developing an autism spectrum disorder (ASD)
- Cost: Free
- Available in multiple languages, including English and Spanish

**Billing:**
- Must be billed at Well Child Visits
- 96110 CPT code
- Medicaid will reimburse for:
  - **3 screenings** per year (ages 0-24 months)
  - **2 screenings** per year (ages 24 – 56 months)
Modified Checklist for Autism in Toddlers – Revised (M-CHAT-R)

Statewide referral information:

For children ages 0 – 3: Referrals to Early Intervention Colorado based on the family’s county of residence.

- There are 20 community-centered boards funded by EI throughout the state that administer services to children who have been identified as having a developmental delay or disability

ASD specific resources: Colorado Autism Resources
### Pediatric Symptom Checklist – 17 (PSC-17)

**Purpose:** To identify the potential need for behavioral health intervention

### Logistics:
- Can be administered and scored by staff or providers
- A psychosocial screen that assesses for a wide-range of behavioral and emotional difficulties
- There is a parent report version and an adolescent report version for ages 11 and older
- Cost: Free
- 17 items; approximately 7 – 10 minutes
- Available in multiple languages, including English and Spanish

### Billing:
- Currently, Medicaid does not reimburse for this screening
Patient Health Questionnaire 9 (PHQ-A) Modified for Adolescents

Purpose: To identify the potential need for behavioral health intervention

<table>
<thead>
<tr>
<th>Logistics:</th>
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<tbody>
<tr>
<td>- Can be administered and scored by staff or providers</td>
<td>- Must be billed at Well Child Visits</td>
</tr>
<tr>
<td>- A short screen geared towards identifying depressive symptoms in adolescents</td>
<td>- CPT code 99420 with modifier HD</td>
</tr>
<tr>
<td>- An adolescent self-report that takes about 5 minutes to complete</td>
<td>- Medicaid will reimburse for one screening per year for adolescents ages 11 and older</td>
</tr>
<tr>
<td>- Cost: Free</td>
<td></td>
</tr>
<tr>
<td>- Available in multiple languages, including English and Spanish</td>
<td></td>
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</tbody>
</table>
Purpose: To identify the potential need for substance abuse intervention

<table>
<thead>
<tr>
<th>Logistics:</th>
<th>Billing:</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Can be administered and scored by staff or providers who have undergone online training</td>
<td>- Must be billed at Well Child Visits</td>
</tr>
<tr>
<td>- Assesses whether a longer conversation about the context of use, frequency, and other risks and consequences of alcohol and other drug use is needed</td>
<td>- HCPCS code H0049</td>
</tr>
<tr>
<td>- Cost: Free; Must administer PRE-SCREEN questions</td>
<td>- Medicaid will reimburse for 2 per year</td>
</tr>
<tr>
<td>- 6 questions; very short administration time</td>
<td>- Providers must undergo online training to bill for this tool</td>
</tr>
<tr>
<td>- Available in multiple languages, including English and Spanish</td>
<td></td>
</tr>
</tbody>
</table>
Behavioral Health and Substance Abuse Referrals

Statewide referral information:

Regional behavioral health organizations
Local community mental health agencies
Adolescent substance abuse resources
Do you have any questions?
Contact Information:

If you have additional questions about behavioral screening, integrated care or resources in your community, please contact:

Patrece Hairston, PsyD
Colorado Children’s Healthcare Access Program
patrece.hairston@childrenscolorado.org